

Created By: CounselorChelsey

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About CounselorChelsey:

Hello! I am a licensed social worker with experience as a school based counselor, working in a mentorship program for teens, and am now a curriculum developer. My favorite part of my work has always been developing high quality resources for students to use. Since becoming a curriculum developer, I have loved being able to impact thousands of classrooms around the world!

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All About Acceptance

Parents,

Hello! Here at school, we have been very busy learning about acceptance- what it means, why it's important and how to get better at it! Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of acceptance through reading about it, talking about it, and practicing it! We have really enjoyed exploring this topic at school, and I hope your family will enjoy it just as much!

Read About It!

Here are some books to help you learn more about acceptance: •<u>Different Just Like Me</u> by Lori Mitchell •<u>Whoever You Are</u> by Mem Fox •<u>Beegu</u> by Alexis Deacon •<u>Elmer</u> by David McKee

Practice It!

Together with your child, pick a few different foods, and try to eat them each with a spoon, knife and fork. Talk about what would happen if we only had forks? Knives? Spoons? Use this activity to talk about how our differences make a stronger community.

Talk About It!

Here are some discussion points to help you talk about acceptance with your child:

What do you think acceptance means and why is it important?
Tell me about someone in your class who is different than you. How can your differences be a good thing?

•What is one way you can show acceptance at school?

•Has anyone ever made you feel accepted? Tell me about it.

•What would the world look like if everyone was the same?

All About Honesty

Parents,

Hello! Here at school, we have been very busy learning about honesty- what it means and why it is important! Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of honesty through reading about it, talking about it, and practicing it! We have really enjoyed exploring this topic at school, and I hope your family will enjoy it just as much!

Read About It!

Here are some books to help you learn more about honesty: •<u>Edward Fudwumper Fibbed Big</u> by Berkeley Breathead •<u>Sam Tells Stories</u> by Thierry Robberecht •<u>Liar, Liar Pants on Fire</u> by Diane de Groat

Practice It!

Help your kids learn the difference between a truth and a lie with this simple game. You and your child take turns saying statements and the other person has to decide if it is a truth or a lie. A great game to play in the car or while you are waiting!

Talk About It!

Here are some discussion points to help you talk about honesty with your child:

•Has anyone ever been dishonest to you before? How did you feel?

•What do you think honesty means and why is it important?

•Tell me about a time when it was hard to be honest.

•What makes it hard to be honest?

•How will others view you if you are honest? How will others view you if you are dishonest?

All About Kindness

Parents,

Hello! Here at school, we have been very busy learning about kindness- what it means and how we can be kind to others! Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of kindness through reading about it, talking about it, and practicing it! We have really enjoyed exploring this topic at school, and I hope your family will enjoy it just as much!

Read About It!

Here are some books to help you learn more about kindness: •<u>How Kind!</u> by Mary Murphy •<u>The Golden Rule</u> by Ilene Cooper •<u>The Lion and The Mouse</u> by Jerry Pinkney

Practice It!

Spend time writing encouraging notes to people in your community. This could be neighbors, policeman, teachers, nursing home residents, firefighters, anyone! Have your child go with you to deliver your notes of kindness!

Talk About It!

Here are some discussion points to help you talk about kindness with your child:

•Tell me about a time when someone was kind to you. How did it make you feel?

•What do you think kindness means and why is it important?

•Who is someone in your class you can be kind to?

•What are ways you can be kind to people at home, at school and in the community?

All About Perseverance

Parents,

Hello! Here at school, we have been very busy learning about perseverance- what it means, how it will help us and how we can do it! Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of perseverance through reading about it, talking about it, and practicing it! We have really enjoyed exploring this topic at school, and I hope your family will enjoy it just as much!

Read About It!

Here are some books to help you learn more about perseverance: •<u>The Curious Garden</u> by Peter Brown •<u>The Most Magnificent Thing</u> by Ashley Spires •<u>The Dot</u> by Peter Reynolds

Practice It!

Help your child learn to persevere by engaging in difficult tasks with him/her. Buy a large puzzle, learn and perfect a new skill, etc.. Find something to do together and commit to pushing each other through the challenge.

Talk About It!

Here are some discussion points to help you talk about perseverance with your child:

What do you think perseverance means and why is it important?
Tell me about a time when it was hard to get through a challenge. How did you feel after?

•What are some things that are hard for you to push through, and how can I help you?

•What are 3 goals you have? What may be some challenges to meeting these goals? What will happen if you don't give up?

All About Responsibility

Parents,

Hello! Here at school, we have been very busy learning about responsibility- what it means and how we can be responsible students and citizens! Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of responsibility through reading about it, talking about it, and practicing it! We have really enjoyed exploring this topic at school, and I hope your family will enjoy it just as much!

Read About It!

Here are some books to help you learn more about responsibility:
•<u>I Just Forgot</u> by Mercer Mayer
•<u>But It's Not My Fault</u> by Julia Cook
•<u>The Paperboy</u> by Dav Pilkey

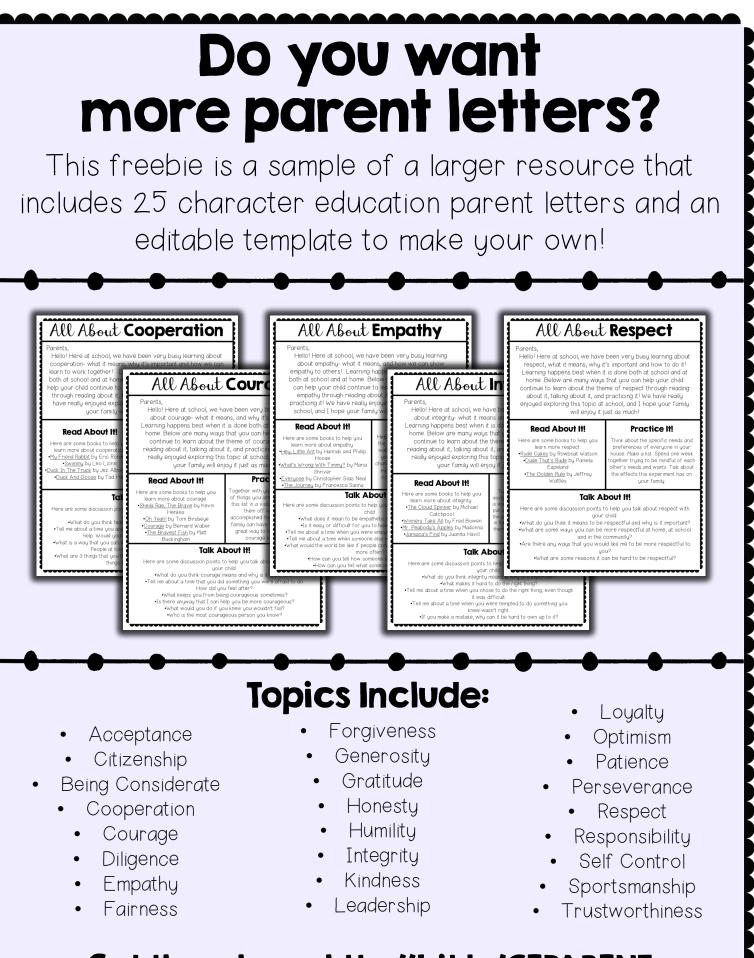
•<u>The Pigsty</u> by Mark Teague

Practice It!

Help your child practice responsibility by giving him/her special jobs! Let your child pick a special chore each week that they can be responsible for. Let them carry the groceries, wipe the counters or feed the pet!

Talk About It!

Here are some discussion points to help you talk about responsibility with your child:
•What do you think responsibility means and why is it important?
•Tell me about a time when it was hard to be responsible.
•What is a way you would like to have more responsibility at home?
•What are your responsibilities in the classroom and in our community?



Get them here: http://bit.ly/CEPARENT

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